

June 24, 2026 – God’s Promises for Your Every Need

Theme – What To Do When You Are In Grief

Grief: sharp sorrow; painful regret. The pain of mind produced by loss, misfortune, injury or evils of any kind; sorrow; regret. keen mental suffering or distress over affliction or loss.

My soul weeps because of grief; Strengthen me according to Your word.

Psalm 119:28

My tears have been my food day and night, While they continually say to me,
“Where *is* your God?” **Psalm 42:8**

1. What type of circumstances or loss have you found produced grief for you, a loved one, or friend?
2. What can happen when grief isn’t processed?
3. Read today’s verses on **What To Do When You Are In Grief** on pages **137-140**.
4. How have you found the word of God a source of comfort to you in your time of grief? See **Matthew 26:38, Hebrews 4:15-16**.
5. Is there a portion of scripture, or an individual scripture that has brought you great hope in your time of sorrow?